

THE CENTER PLACE

www.thecenterplace.com 2730 29th Street, Boulder, CO 80301

Mike's Net Class*

Saturday, January 31, 2026
9 AM – 5 PM

The Mike's Net class covers the theory and practice of clearing one's field of foreign energy (FE) and supporting practices for strengthening our personal energy fields.

In our current environments, we are all seeing more evidence of negative energy. Mike's Net is an effective healing act to dispel negative energy that does not belong in our fields. We can use this healing on ourselves, our families, friends, clients, as well as on businesses or other groups.

During the class, we will cover and review

- how to set a protected and sacred field for clearing FE
- the different types of FE and how FE can enter our fields
- how to recognize when FE has entered or is trying to come in
- lifestyle and Qigong practices to strengthen and cultivate our energy fields and our field's filter

Cost: \$150 (\$100 for repeats)

*This class is for students with experience with Qigong healing (as a client, student or practitioner). Please contact Rachel at leerachel857@gmail.com to sign up.

Instructor:

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Bios & more info about The Center Place and the 4-year Qigong Healing Program at:
thecenterplace.com