

THE CENTER PLACE

www.thecenterplace.com * 2730 29th Street, Boulder, CO 80301

QIGONG HEALING PROGRAM of The Center Place

Year One * 2026/2027 *

Four, 3-Day classes

The **Qigong Healing Program** is a progressive 100-hour program where students learn the practical application and theory of Qigong personal practices and energy healing modalities. We cover practices for connecting with "center" (our place of contact with the higher self); increasing frequency, strength, and openness of our energy fields; clearing low frequency energies; healing practices for oneself and others; and many other tools and practices for transformative healing work. The program is open to any level of Qigong practitioner including beginners. It's a great fit for those looking for self-healing, as well as those who may be interested in continuing their study to become Qigong clinical practitioners and/or teachers.

Students will learn:

- Practices for connecting with the "center" of their being, the higher self
- How to increase the frequency, strength, fullness and openness of their energy fields and energy flows
- Ways of protecting their (and others') energy fields and clearing energies that do not serve the highest good
- Energy healing practices for themselves and others
- And, many other practices and topics!

Each weekend builds on the work of the previous weekend. Upon completion of Year 1, students receive 100 credit hours and may progress into the second year of the four-year Qigong Healing Program. The cost of each weekend is \$450 (or \$300 for repeats).

December 4 - 6, 2026

February 26 - 28, 2027

April 30 – May 2, 2027

June 25 – 27, 2027

For year one inquiries, please contact:

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Bios & more info on the 4-year Qigong Healing Program at: thecenterplace.com