

THE CENTER PLACE

www.thecenterplace.com * 2730 29th Street, Boulder, CO 80301

Mike's Net Class

**For past or current students of The Center Place
or by invitation***

**Saturday, April 5, 2025
9 AM – 5 PM**

The Mike's Net class covers the theory and practice of clearing one's field of foreign energy (FE) and supporting practices for strengthening our personal energy fields.

In our current environments, we are all seeing more evidence of negative energy. Mike's Net is an effective healing act to dispel negative energy that does not belong in our fields. We can use this healing on ourselves, our families, friends, clients, as well as on businesses or other groups.

During the class, we will cover and review

- the different types of FE (including new levels and types of FE)
- ways FE can enter our fields
- how to recognize when FE has entered or is trying to come in
- lifestyle and Qigong practices to strengthen and cultivate our energy fields and our field's filter

Cost: \$150 (\$100 if you took the class last year and wish to repeat)

*Please contact Rachel at leerachel857@gmail.com to sign up. If you are unsure if this class is available to you, contact Rachel to discuss.

Instructor:

Rachel Lee, Qigong Advanced Instructor Level III and Qigong Clinical Practitioner
leerachel857@gmail.com 720-324-0501

Bios & more info about The Center Place and the 4-year Qigong Healing Program at:
thecenterplace.com