

## THE CENTER PLACE

[www.thecenterplace.com](http://www.thecenterplace.com) \* 2730 29th Street, Boulder, CO 80301

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### QIGONG HEALING PROGRAM at The Center Place

**Year Three 2025-26\*** Four, 3-Day classes

*taught by Damaris Jarboux*

This 100-hour program of four 25-hour classes continues to integrate the theory, clinical applications, and personal practices of Qigong Healing / Medical Qigong. Classes should be taken progressively.

Damaris Jarboux is a recognized innovator and leader in the field of energy medicine and Qigong. As a teacher and practitioner, she has developed The Qigong Healing Program and many other classes for self, family care and clinical treatment over 40 years. She is an R.N. and has worked extensively with Hospice and within the medical profession. She is Founder and Director of The Center Place (1986), and a founder of the National Qigong Association (1996). [NQA.ORG](http://NQA.ORG)

Level 1    \$450(repeats \$350)    SB teaches Fri.    9-5 Fri. Sat, Sun    Oct. 24-26  
Review of treatments & practices (SB). 4 kinds of FE, 4 places it occurs, Group-Soul Fields, portals / tears / windows, Astral Boxes, ticks, twists through heart. The Fusion of the Five Elements (Qigong Inner Alchemy Practice), "The Tao is the Way" concepts.

Level 2    \$450(repeats \$350)    9-5 Fri. Sat, Sun    Jan. 16-18  
Issues of Practice, Consistency of treatment / Ethics, dispelling Curses. The Shu (Back) / Associated Effect Points: location, function and treatment of these powerful back points that feed the higher frequency (Heaven or Spirit) energy directly into our organs. Window-of-the-Sky, Source and 5-Element Points: refinement of the Qigong Healing treatment process through use of the other Command Points

Level 3    \$450(repeats \$350)    9-5 Fri. Sat, Sun    April 24-26  
"Place of Motive," Miasm & 3-Chou with Triangle of "The One". Further refinement of the treatment process through use of the powerful Mu (front) / Alarm Points that feed Earth Energy directly into our organs & the Meeting Points that integrate the whole system. 3-dimensional back work & La Chi Tx, Environmental Negative Energy Tx.

Level 4    \$450(repeats \$350)    9-5 Fri. Sat, Sun    July 17-19  
Sustained Stress concepts, Walking meditation and "Jing-Dong" standing and sitting & The 3-Jackys Qigong practices. Cleft Points, un-natural Cords, Capture/Shackles Tx, wordlessness to oneness. Review whole session, journey together through an overview of "The Sophia Principal" (World Soul / World Spirit in male and female psyche).