

THE BODY-ENERGY PRACTITIONER ^(SM)
TRAINING PROGRAM

ENERGY-BODY HEALING^(SM)
HEALING TOUCH / CHI KUNG HEALING



Annie Roberts

WITH

AND



Damaris Jarboux

at

The Center Place

2009 - 2010 SCHEDULE

Energy-Body Healing^(SM), Chi Kung Healing and Healing Touch are meditative healing arts which potentially can be developed in everyone. They use intent, compassion, perception, consciousness, and the hands - to channel abundant life energies, and awaken the being to greater awareness. They promote and maintain a high level of wellness by activating the body's own transformative and natural healing process, thereby reducing illness and disorders.

This is a new look at old techniques that focuses around the practices of "grounding" and "centering". You will learn Aura Clearing, Chakra Opening and Balancing, simple Polarity Therapy and Mind Clearance - all in the first 6 week class. Each succeeding 6 week class will add understanding and skill in Damaris' Energy-Body Healing^(SM), Qigong Healing and Healing Touch, incorporating the following: Centered Guidance and Inner Work; Backwork; Chi Kung Meditation and Practices; Ritual; Sound; Trauma Release; Sacred Spiral/Medicine Wheel Philosophy and work with the processes of Birth and Death. These practices will enhance awareness of your own Energy-Body, and how to move, clear and use it.

Damaris Jarboux is a recognized innovator and leader in the field of energy medicine and Chi Kung. As a teacher and practitioner, she has developed these classes and many programs for self, family care and clinical treatment over 25 years. She is an R.N. and has worked extensively with Hospice and within the medical profession. She is Founder and Director of The Center Place (1986), and a founder of the National Qigong Association (1996). NQA.ORG

Annie Roberts is the primary teacher and Damaris is assisting her. Annie has been in private practice doing Qigong Healing for 14 yrs and has taught or assisted in these classes for 5 years.

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The following is the 2009-2010 year-long schedule of The 'Body-Energy Practitioner' Training - presenting a developmental progression through Levels 1, 2, 3, 4, 5 & 6. It is designed so that you can do the whole training program at the same time of the week, staying with the same group throughout the year. If it is not possible to maintain continuity then you can do makeups, attend the other weekly class, or pick up the next level next year.

There are two weekly courses/3-hour time-slots for you to choose from - Course A or B. Each of these will be at the same Level in any given week. The Level and Starting Date of each 6-week class is indicated below. All classes are 6 weeks long, and cost \$250. The 8-month course is 116 hours.

A	<u>COURSE</u>	B
Monday 5:45 pm - 8:45 pm		Thursday 11:00 am - 2:00 pm
Level—Starting Date	<u>2009</u>	Level—Starting Date
1 10/5		1 10/8
2 11/16		2 11/19
	<u>2010</u>	
3 1/25		3 1/28
	Level 4 Classes 1-6, Week-end Together Fri 3/12/10 . 3-hr class 6-9 pm Sat 3/13/10 8-hr class 9am-6pm Sun 3/14/10 7-hr class 10am-6pm	
4 **		4 **
5 3/15		5 3/18
6 5/3	(Level 6, Class #5, both together) **Class #5 ** Thurs 6/3 Only	6 5/6
1 10/4		1 10/7

*** Extra Chi Kung pre-requisite before Level 3, Sat. Jan. 16 (9 am-5 pm), \$110 with Damaris.***
Classes average 6-10 students. Make-up classes with apprentice, handouts & class tapes are available.

No classes: **weeks** of Nov 23, Dec 21, Dec 28, Jan 4 and Mar 22. **OR** May 31.

REPEAT DISCOUNTS-1 YEAR AFTER INITIAL COMPLETION OF CLASS FEE IS \$150 AND LONGER FEE IS \$175.
The Center Place Graduation Ceremony—Sunday June 13, 2010, 3-5:30pm.

To reserve a space send \$50 deposit (refundable up to 2 weeks before start of class) to Damaris