

# MIKE'S NET CLASS

## Small 2-hour classes with Damaris Jarboux

Learn the basics about “Foreign Energy”  
& how to dispel it from self or other  
with Qigong Healing.

\$50

12-10-09      Thursday      5-7 pm

4-8-10        Thursday      5-7 pm

9-16-10      Thursday      5-7 pm

12-9-10      Thursday      5-7 pm

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