

## THE CENTER PLACE

www.thecenterplace.com

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Damaris Jarboux RN, CHTP

### **ADVANCED PRACTICE IN QIGONG HEALING—2010**

3<sup>rd</sup>, 4<sup>th</sup> and Post-Grad Years

All Classes 9-5 \$110/day (*Repeats \$70/day*)

#### **3<sup>RD</sup> YEAR—One, 1-Day Class, Two, 3-Day Classes & One, 3-Day Retreat (84 Hrs.)**

**Review & Practice Class (Taught by Annie Roberts)**

**Sun., Jan. 17**

**Issues of Practice/Ethics, Group-Soul/Life-Work Fields**

**Fri., Sat. & Sun.**

**The Shu (Back)/Associated Effect Points.**

**Mar. 5–7**

Location, Function and Treatment of these powerful back pts that feed the higher frequency (Heaven or Spirit) energy directly into our organs.

**Windows, Source and 5-Element Points**

Refinement of the Chi Kung Healing treatment process through use of the other Command Pts (5-Element pts and Source pts) and the Window-of-the-Sky Pts.

**Zhineng Breathing Exercises & “Place of Motive,” The Mu (Front)/Alarm Points, Meeting Points, Environmental Energy, and 3-D Back Work**

**Fri., Sat. & Sun.**

**May 21–23**

Further refinement of the treatment process through use of these powerful front pts that feed Earth Energy directly into our organs, the Meeting Pts (to integrate the whole system), and Environmental Negative Energy, 3-dimensional back work, and La Chi Treatment.

**Advanced Practice Retreat I**

**Fri.-Sun, Sept. 10–12**

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#### **4<sup>TH</sup> YEAR—Three, 2-Day Classes & One, 4-Day Retreat (80 Hrs.)**

**Thrusting Channel Cauldrons, Lower (Dark) Energy and Possessive Energy**

**Sat. & Sun.**

Quantum level engagement with the “veil” deep in the Cauldrons, review field theory and the “other” Foreign Energies.

**Jan. 9–10**

**Advanced Practice Retreat II**

**Wed.-Sun., June 2-6**

**The Net and The Keys**

**Sat. & Sun.**

Post-APR approach to dissolving the “net” as a whole; assess the 5-phases and create the “key” to tune-up the entire system (jing, chi, shen).

**Oct. 16–17**

**Chi Kung Healing Soul Retrieval Process**

**Sat. & Sun., Dec. 4-5**

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#### **POST-GRADUATES—One, 2-Day Class & One, 2-Day Retreat (36 Hrs.)**

**Further Explorations**

**Sat.-Sun.**

Continuing the Evolution of the Work

**Feb. 6-7**

**Advanced Practice Retreat III**

**Fri.-Sun., July 9–11**

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\* \* Please see back page for Advanced Practice Retreats 2010 \* \*



## **ADVANCED PRACTICE RETREATS—2010**

### **I (3<sup>rd</sup> Year) “The Gathering”**

**Sept. 10-12**

To review, complete and integrate all 2nd and 3rd year studies in a relaxed atmosphere of intimacy, free of the time constraints of a class setting. We will learn “The 3 Jackys” (from Dr Jacky Lin), walking meditation and “Jing-Dong” Chi Kung (standing and sitting) in nature and with music, and journey together through an overview of “The Sophia Principal” (World Soul/World Spirit in male and female psyche) while engaging in Spoon Bending: 101. Cleft Point Class Fri. 9-5.

At Hotel Tao, a private Retreat Center in a 200 acre valley at Estes Park, CO.  
\$440—Includes food and lodging (camping optional @ same fee)  
Starts Friday 9 a.m. (you can arrive anytime after 7 a.m.); Ends Sunday 4 p.m.

### **II (4<sup>th</sup> Year) “The Nature Refugee Camp”**

**June 2-6**

A 4-day retreat in nature. We will relax and practice in nature. Topics include: “Thoughts on The One” (Taoist concepts of “The Void” and its relationship to the Tao) and its embodiment, readings (of frequency, strength and incarnation), “Obstructive Chi Scaring” (dissolving “the net”), and group-soul/life-work fields.

At Hotel Tao, a private Retreat Center in a 200 acre valley at Estes Park, CO.  
\$640 includes food and lodging (camping optional @ same fee)  
Starts Wed. 3 p.m. (Dinner at 5 p.m.); Ends Sunday 3 p.m.

### **III (Post-Grads) “The Summer Encampment”**

**July 9-11**

Join our community of senior practitioners for a relaxing and fun retreat at Hotel Tao. We will hike, do Chi Kung in Nature, exchange treatments, stories, new “findings,” and continue our process of Qigong Healing. Bring your sleeping bag and an open heart and mind.

At Hotel Tao, a private Retreat Center in a 200 acre valley at Estes Park, CO  
\$320—Includes food and lodging (camping optional @ same fee)  
Starts Friday 3 p.m. (Dinner at 5 p.m.); Ends Sunday 4 p.m.

### **EMAIL OR CALL EARLY TO REGISTER**

Mail in deposit: \$25 for each day, \$50 for the retreat