

Qigong Healing Essentials
Damaris Jarboux
June 14-15, 9-hour, 3-part class
2019 NQA Conference, Rochester, MN.

General description:

This is a compressed course in the Qigong concepts, assessment and treatment forms, underneath Oriental Medicine, that we, at The Center Place, have developed to safely clear out intrusive energies and resulting patterns that strongly effect all of the meridians, points, organs, 5-Elements, yin-yang... and re-establish basic balance.

The forms are simple, the concepts are not, but one needs both to be successful, as we will be using Shen, Chi and Jing. The personal practice we will be doing is “Centering & 2-Pole” (sitting & standing), & setting the Chi Field. Our focus will be consciousness, energy & form.

It is for people who already understand the importance of the unseen world and can accept a spiritual-science approach that they can tailor somewhat to their own orientation. It will be especially helpful for people who do any form of Medical Qigong through Clinical (treatment) forms and/or personal practice and also for healers in other related energetic healing practices and interested general public.

Three, 3-hour sessions:

1- concepts & treatment (on self or other) of “foreign energy” with Spiritual help, and using the “Star Spiral” practice (from the Macro-Cosmic practice of opening “12 Gates”) to strengthen any field.

2- concepts & treatment (on self or other) of Portals & Tears in the field, “energetic ticks” on the outside of the field, La Chi & Fa Chi practice and pendulum or other Shen assessment tools.

3- concepts & treatment (on self or other) of resulting patterns of twists in the field and reading ANS dominance and restoring the strength & vitality of the Vagus Nerve Tone & focused intention with Spiritual help.

bio:

Damaris Jarboux is a recognized innovator and leader in the field of energy medicine and Qigong. As a teacher and practitioner, she has developed The 4-year Qigong Healing Program and many other classes for self, family care and clinical treatment over 33 years. She is an R.N. and has worked extensively within the medical profession as well as having a 30-year, full-time practice in Qigong Clinical work in the Classical Chinese Medicine style including 5 extensive trainings and exchanges in China with the top Qigong Doctors. She is Founder and Director of The Center Place, Boulder, Co. (1986), one of the 8 founders of the National Qigong Association (1995), and an NQA certified Senior Qigong Teacher & Senior Clinical Qigong Practitioner.

Professional Track Prerequisite:

The professional track is presented by Damaris Jarboux (see bio). These sessions are for people with advanced training, although all are welcome. Thank you for your understanding that for the sake of continuity, please do not leave and return. This is a progressive training and will be closed to new attendees after Friday.**

***Prerequisite for the Professional Track*

Especially for attending members and guests who wish to add tools to their practice to name & clear out commonly occurring intrusive energies and resulting patterns and are open to working spiritually. It will be helpful to have a way of assessing the energy-body (not just the symptoms) or a desire to develop one.